



BLOSSOM BIRTH AND FAMILY FAIR 2023

IN PARTNERSHIP WITH OSHMAN FAMILY JCC, PALO ALTO

www.blossombirthandfamily.org

REGISTER
HERE



At this event, you will find resources, support & services for your pregnancy, birth and parenting journey!

*Join
us!*

OSHMAN FAMILY JCC, PALO ALTO
SUNDAY, MAY 21ST, 3:30 PM - 7 PM

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SPEAKER TOPICS

- 4-4:30 PM - Fertility & Nutrition
- 4:45-5:30 PM - Breastfeeding, Pumping, Returning to Work
- 5:30-6 PM - Mental Health

DEMO LINEUP

- 4-4:30 PM-Baby Sign Language
- 4:30-5 PM-FIT4MOM® Prenatal Fitness Class
- 5-5:30 PM-Prenatal Yoga



VENDORS



PRIZES



FOOD

